Personal Survival Techniques

Course Length: **12 hours**
Price: **$300.00**

A trainee successfully completing this course will be able to react in a correct manner during emergency situations, take measures appropriate to his/her own survival and to the survival of others, and use survival equipment correctly. He/She will also acquire knowledge which in some instances will enable him to identify and correct defects and thereby prevent emergencies. Proper donning of a United States Coast Guard (USCG)-approved lifejacket and immersion suit. Properly jumping into the water from a height while wearing a USCG-approved lifejacket. Properly jumping into the water from a height while wearing a USCG-approved immersion suit. Swimming while wearing a USCG-approved lifejacket and righting an inverted USCG-approved liferaft. Keeping afloat in water without the aid of a lifejacket or an immersion suit. Jumping into the life raft from a height while wearing a PFD and Boarding a life raft without assistance.

Successful completion of this 12-hour Personal Survival Techniques course will satisfy the Personal Survival Techniques training requirements of Section A-VI/1 and Table A-VI/1-1 of the STCW Code and 46 CFR 10.205(l)(1).

Course Tools Required

A **clear mind** ready to learn and retain a large volume of information.
Paper and pencil for note taking

Recommended Reading